

Sunscreen Application Reminder Ideas



Here are a few suggestions to help remind campers to apply sunscreen before they go outdoors so that eventually it will become as much a part of their daily routine as putting on their hat and playing in the shade.

- Ask campers to design sunscreen application reminder notes or posters. Discuss where the best places would be to place the posters so that children will see them and be reminded.
- Ask children to place their sunscreen bottle near their hat or lunch box so when they grab their hat or lunch box, their sunscreen will be there too.
- Appoint a 'sunscreen reminder' monitor to remind campers to apply their sunscreen before they go outside. They can create unique ways to remind campers each day.
- Appoint sunscreen buddies to help apply sunscreen.
- Set up a sunscreen station with a pump pack of sunscreen, mirror and a cloth (or children bring their own sunscreen to the station) so that it is easier to reapply and it acts as a visual reminder.
- Develop a sunscreen application chart. Children colour or tick a square for each day they apply sunscreen. Children who consistently apply sunscreen throughout the week/month/summer could win something.
- Create a sunscreen strap by using wool, string or plastic ties. Campers can attach their sunscreen bottle to their bag, chair or hook so it is visible and will act as a prompt for sunscreen application.