

# ScreenMe Activities for 3-6 Years Age Group

## Stencil Art

Download the six ScreenMe stencil templates. Use strong cardboard to cut out your own stencils. Children create their own ScreenMe poster using the six stencils and/or cut-outs.



## ScreenMe Match Up

Use the cut-out shapes and stencil templates used in ScreenMe stencil art activity to create matching shapes activity.

## ScreenMe Wide Brimmed Cone Hat

Cut out a large circle from cardboard (large enough to provide good coverage of the child's head, face, neck, and ears). Allow children to paint, draw, or paste to decorate. Mark the centre of the circle and cut from the edge of the circle into the centre. Overlap edges to fit the child's head and sticky tape.

## Construction

Find any spare tablecloths, sheets or large pieces of tightly-woven fabric that can be spared. Gather some pegs, string and plastic laundry hooks. Children can use the fabrics to drape across various areas to create their own little shady nooks for different play spaces.

Get creative - grab boxes, use trees as supports, find any materials that could be used. Explore how different materials protect us compared to others. Explore where the shade falls, the effect of the sun's light on the materials, and the different colours and textures created.

Discuss how shady places feel - some are cooler, darker, warm or light. Why are they important to protect us from the sun?

## Reflective Surfaces

Provide a selection of reflective surfaces to explore e.g. a shiny biscuit tin lid, a hand mirror, a piece of foil, a cake tin or a dish of water. Add a torch or place the experience near a window and encourage observation of how light is reflected. Support these observations with reference to the reflection of the sun outdoors from sand, paved areas and water and the need for us to use the 5 ScreenMe steps to protect us from the sun's reflected UV.

## Dressing Up

Provide a basket of sun safe clothes and ask the children to dress up for different scenarios e.g. a park, the beach, a playground. Take the game further by asking what they should wear for protection during different seasons. Reinforce the type of clothing chosen and how it protects the body.

## Shadows

Invite children to locate shadows in the playground. What is creating the shadow? Try tracing around some shadows with chalk or a rope and returning later in the day to see if the shadow has moved or changed shape.